



**DAVE PROCTER** takes a break from some hard uphill pedalling. *PHOTO SUBMITTED*

# Roaming realtor continues cross-country cycling quest

**Dave Procter**  
*Special to the Record*

Well, 10 days into the ride and things are going very well.

I have 934 kilometres under my belt and still 7,400 km more to go.

The weather has been the biggest obstacle, with lots of rain and some very wet days in the saddle. I am faring very well and getting used to the rain. As I am in Golden, B.C., tonight, I am getting acclimatized to the altitude. The ride today took me over Rogers Pass, which gave me 4,700 feet of climbing. I have a rest day tomorrow in Golden before pushing on to Field, B.C., which will be the hardest day's ride in my ride — only 55 km but all uphill.

The donations to my ride are coming in and I'm looking forward to reaching my goal. Have a way to go yet, so I encourage all to help make a difference.

Cancer can be beaten, it's just that we need to step up to the plate to help those working at finding a cure get access to the funds they need to find that cure.

My website with my daily journal is [www.coast-to-coastforcancer.ca](http://www.coast-to-coastforcancer.ca).  
*Dave Procter is a Comox Valley real estate agent who is cycling across Canada to raise money for breast cancer research.*

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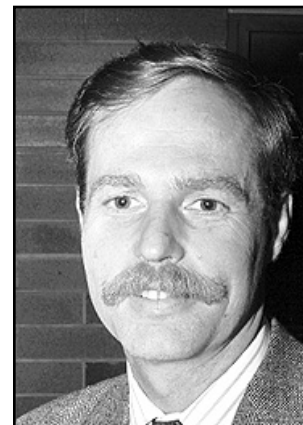
# Airport CEO TVI vice-chair

The Comox Valley Airport Commission chief executive officer is a new vice-chair on the Tourism Vancouver Island board of directors.

Chuck Fast was elected during TVI's 44th annual general meeting recently in Port Hardy.

The board assigned responsibilities at its regular board meeting June 27 in Nanaimo.

The Vancouver Island region continues to be recognized as a premier vacation destination, TVI says in a news release. For the seventh year in a row, Vancouver Island has been rated



**CHUCK FAST**

as the Best North American Island by the readers of *Conde Nast Traveler* magazine.

This prestigious travel magazine with a per issue readership of two million has been conducting a Readers' Choice award program for 17 years, TVI adds.

For more information about TVI, visit [www.tourismvi.ca](http://www.tourismvi.ca).

For general travel information on Vancouver Island, Victoria and the Gulf Islands, visit [www.vancouverisland.travel](http://www.vancouverisland.travel).



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*Dr. Phillipson and the staff of Comox Valley Animal Hospital would like to invite you to attend our 50th Anniversary Party Saturday July 14th, 2007, 11-2pm*

- |                            |                           |
|----------------------------|---------------------------|
| <b>Pet Photo Contest</b>   | <b>Pet Parade at noon</b> |
| • Pets and Children        | • Best Dressed Pet        |
| • Crazy/Zany Pet Photos    | • Funniest Costume        |
| • Owner and Pet Look Alike | • Best Pet Tricks         |
| • Pet Portraits.           | • Parade of Pets          |

Please submit photos by July 10th

- |                                                                |                                                                 |
|----------------------------------------------------------------|-----------------------------------------------------------------|
| <b>Hot Dogs and Soft Drinks</b><br>(Proceeds to 4-H club)      | <b>Cotton Candy and Popcorn</b><br>(Proceeds to SPCA)           |
| <b>Demonstrations</b><br>Agility at 1:00<br>Obedience at 12:30 | <b>Contests and Prizes</b><br>Anniversary Cake<br>Face Painting |

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